

Welcome to the Hudson Valley Martial Arts Festival.

One of the premiere non-competitive events in the area. Hudson Valley Martial Arts Festival brings together high ranking instructors from a variety of styles to teach ideas and techniques from their system or style. In short, HVMAF offers its participants the opportunity to try something new in the wonderful world of martial arts.

Open to all ranks and experience levels, HVMAF offers something for all. In fact, our idea is that all martial arts are similar in one way or another, a kick, a punch, a grab ,a throw, etc. the way we get there may change a little, but we all train for a similar result.

On the following page, you'll see the HVMAF schedule. You get to choose the sessions you want to attend in each time-slot

Have a great time, meet new friend, and immerse yourself in the wonderful world of MARTIAL ARTS.

**WHERE: The Jewish Community Center of
Poughkeesie, on South Grand Ave.**

**WHEN: August 1, 2009
11:00am to 4:00 pm
Please arrive about 15 minute early to check in.**

**FEE: \$55.00 if registration received by July 20, 2009
\$65.00 if registration received after July 21, 2009**

**Please make checks payable to Scott Miller.
Mail to: 14 Creekside Place, Pleasant Valley, N.Y. 12569**

Any questions please call Sifu Miller @ 845-518-7001